

DO NOT OPEN THIS BOOKLET UNTIL THE EXAMINER SPECIFICALLY INSTRUCTS YOU TO DO SO.

Please supply the information requested below. -

Name:

Age:

Phone:

Today's Date:

Time:

Student Number:

Have you ever been hypnotized before? Yes No

If so, please cite the circumstances and describe your experiences. Please be brief.

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Now, please briefly write down, in your own words, a list of the things that happened since you began looking at the target. Do not go into detail. Spend 3 minutes, no longer, in writing your reply.

Please DO NOT TURN THIS PAGE until the examiner specifically instructs you to do so.

PLEASE DO NOT RETURN TO PAGE 2.

On this page, write down a list of anything else that you now remember that you did not remember previously Please do not go into detail. Spend 2 minutes, no longer, in writing out your reply.

Please DO NOT TURN THIS PAGE until the examiner specifically instructs you to do so.

PLEASE DO NOT RETURN TO EARLIER PAGES.

ITEM SCORING

Listed below in chronological order are the 12 specific happenings that were suggested to you during the standard hypnotic procedure. We wish you to estimate whether or not you objectively responded to these 12 suggestions, that is, whether an onlooker would have observed that you did or did not make certain definite responses by certain specific criteria.

It is understood that your estimates may in some cases not be as accurate as you might wish them to be and that you might even have to guess. But, we want you to make whatever you feel to be your best estimate regardless.

Beneath a description of most of the suggestions are two sets of responses, labeled A and B. Please circle either A or B for these questions, whichever you judge to be the more accurate. Please answer every question. Failure to give a definite answer to every question may lead to disqualification of your record. For a few of the suggestions, a special scale has been devised. Select the response that is the best estimate of your experience.

1. Hand lowering (right hand)

You were next told to extend your right arm straight out and feel it becoming heavy, as though a weight were pulling the hand and arm down. Would you estimate that an onlooker would have observed that your hand lowered at least 6 inches (before the time you were told to let your hand down deliberately)?

Circle one

- A. My hand had lowered at least 6 inches by then.
- B. My hand had lowered less than 6 inches by then.

2. Moving hands together

You were next told to hold your hands out in front of you about a foot apart and were then told to imagine a force pulling your hands together. Would you estimate that an onlooker would have observed that your hands were not more than 6 inches apart (before you were told to return your hands to their resting position)?

Circle one

- A. My hands were less than 6 inches apart by then.
- B. My hands were more than 6 inches apart by then.

3. Experiencing of mosquito

You were next told to become aware of the buzzing of a mosquito that was said to become annoying, and then you were told to brush it off. Would you estimate that an onlooker would have observed you make any grimacing, any movement, any outward acknowledgment of an effect (regardless of what it was like subjectively)?

Circle one

- A. I did make some outward acknowledgment.
- B. I did not make any outward acknowledgment.

4. Taste experience

You were next told that you would have a sweet taste in your mouth, and then you were told that you would have a sour taste in your mouth.

How strong was the sweet taste in your mouth? Circle one:

None Vague Weak Strong

How strong was the sour taste in your mouth? Circle one

None Vague Weak Strong

Did you make any facial movements, such as lip movements or grimacing, that an onlooker would have observed? Circle one

None Vague Weak Strong

Did you make any facial movements, such as lip movements or grimacing that an onlooker would have observed? Circle one

Yes No

5. Arm rigidity (right)

You were next told to extend your right arm straight out, then to notice it becoming stiff, and then told to try to bend it. Would you estimate that an onlooker would have observed that there was less than 2 inches of arm bending (before you were told to stop trying)?

Circle one

- A. My arm was bent less than 2 inches by then.
- B. My arm was bent at least 2 inches by then.

6.Dream

You were next told to have a dream. In the following space, describe your dream in detail.

We have found that people have various sorts of experiences in response to this. How real would you say your dream was?

Not real or no dream 1 2 3 4 5 Very real

Which of the following categories do you think best describes your experience?

Circle one

- A. Nothing went through my mind.
- B. Passing thoughts, no dreamlike imagery.
- C. Fleeting, vague, dreamlike imagery, play of colors, and so on.
- D. Dreamlike imagery, but no clear theme or sequence of events.
- E. Dreamlike imagery, plus sequence of events.

Something other than these. (Describe.)

7.Arm immobilization (left arm)

You were next told how heavy your left hand and arm felt and then were told to try to lift your hand up. Would you estimate that an onlooker would have observed that you did not lift your hand and arm up at least 1 inch (before you were told to stop trying)?

Circle one

- A. I did not lift my hand and arm 1inch by then.
- B. I did lift my hand and arm at least 1inch by then.

9. Music hallucination

Next you were asked to hold your right hand up when you could satisfactorily hear the recording of "Jingle Bells."

Circle one

- A. I raised my right hand.
- B. I did not raise my right hand.

(Items 8, 10, and 11 scored from information recorded during the suggestions.
Item 12 is scored from information recorded in the scoring booklet.)

Scoring Key

Item	Scoring Criteria
1. Hand lowering	Circles A, indicating hand lowered at least 6 inches in 10 seconds
2. Moving hands together	Circles A, indicating hands were less than 6 inches apart after 10 seconds
3. Mosquito hallucination	Circles A, indicating an outward acknowledgement of the effect
4. Taste hallucination	Circles at least "vague" in both (sweet and sour) tastes and circles "yes" indicating facial movement at least once; or circles at least "vague" on one taste and "strong" on the other
5. Arm rigidity	Circles A, indicating arm bent less than 2 inches in 10 seconds
6. Dream	Circles D or E, indicating clear dreamlike imagery or circles F and offers description that is judged to be like D or E
7. Arm immobilization	Circles A, indicating arm raised less than 1 inch in 10 seconds
8. Age regression	Shows clear change in handwriting on back of form between present and at least one regressed age
9. Music hallucination	Circles A, indicating right hand raised in response to hearing music
10. Negative visual hallucination	Records colours of exactly two balls at the time of the suggestion (on back of form)
11. Posthypnotic drawing	Actually draws tree in response booklet
12. Posthypnotic amnesia	Recalls three or fewer items before suggestion is removed and recalls three or more new items after suggestion is removed (in response booklet)